**Myrtle Recovery Center**

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| **Job Title:** Behavioral Health Technician | **Dept. Number/Title:** |
| **Job Code:** | **Title Reporting To:** Director of Nursing |
| **FLSA Status:** Non-Exempt | **Effective Date:** |
| **Department:** Nursing | **Department Head:** Program Administrator |
| **Job Purpose:** This position assists the nursing staff in rendering basic nursing care to assigned patients. The incumbent provides direct and indirect care following physician and nursing orders. Provides patient care/services for adults and geriatrics.  **Accountabilities and Major Work Activities:**  I. Practices in accordance with program philosophy and the Department of Nursing philosophies, goals, and standards of care; and other regulatory agency standards.   * Demonstrates commitment to philosophies, goals and standards of care. * Demonstrates acceptable standards of personal conduct and behavior.   II. Performs basic patient care according to hospital policies and procedures.   * Obtains information regarding assignment from patient care, care plans and in collaboration with the nursing staff. * Provides personal care such as bathing, linen changes, mouth care, skin care and other related activities. * Ensures routine treatments/procedures and vital signs are completed and recorded. * Demonstrates teamwork to ensure promptness or promote quality of care. * Completes procedures for admissions, transfers, discharges, expirations, and pre and post operative care. * Demonstrates proper technique when turning and positioning, transferring and ambulating patients. * Assists with nutritional needs by preparing patients for meals, distributing snacks and recording intake and output. * Completes errands in a timely manner. * Documents in appropriate nursing records.   III. Provides a secure and safe patient environment by following policies, procedures and standards of care.   * Assists in maintaining a safe and clean environment. * Provides appropriate milieu management, practices. * Practices appropriate de-escalation technics * Helps maintain patient safety by keeping side-rails up, call bells in reach and providing other safety practices as indicated. * Follows policy and procedures related to patient restraints. * Demonstrates knowledge of infection control as related to handwashing and standard precautions. * Assures that patient beds are labeled and patient identification bands are in place.   Responds appropriately to emergency situations.  IV. Assists the nursing staff in providing a caring, compassionate environment.   * Respects patient confidentiality and privacy in accordance with HIPAA. * Demonstrates effective communication skills to treat patients/others with dignity and respect. * Communicates procedural information to patient/significant others in a way that emotionally supports. * Using proper channels of communication identifies and reports significant patient information. * Contributes to patient satisfaction by making customers the priority.   V. Demonstrates responsibility for personal and unit development by participation in unit/hospital activities.   * Actively participates in unit staff meetings and/or teams, assisting in goal formulation, planning, and unit quality improvement activities. * Assumes responsibility for staying informed about updates and changes to policies by attendance at staff meetings.   VI. Maintains job-specific competency which addresses effective, safe use of equipment, disaster preparedness training, infection control, emergency lifesaving procedures (CPR), and patient information management.   * Completes competency checklist annually or more often as required by department/unit policy. * Completes self-evaluation and Continuing Education Record in an ongoing manner annually.   VII. Demonstrates age/developmentally appropriate patient care in accordance with Age-Specific Care Guidelines for the specific age groups served.   * Demonstrating knowledge of age-specific patient care factors in the Age-Specific Care Guidelines. * Provides for patient safety, hygiene and personal care with regard to age-specific needs. * Communicating information and conveying patient needs sensitive to age and developmental level of the individual patient/family. * Maintaining competence related to age-specific care. * Demonstrates competency in clinical knowledge/skills and communication to the age of the patients served. | |

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| This Job Description is an overall statement of major accountabilities and duties performed by incumbents in this position. The incumbent may be requested to perform other position-related duties other than those described in this description. |
| **Job Specifications**  **Minimum Level Qualifications**  **Education**:  High School diploma or GED preferred  Completion of approved Nurse Assistant Certification Course.  **Experience**:  **Licensure, Certification, and/or Registration**:  Listed with the State Division of Facility Services as a Level I Nurse Aide.  Current Nurse Aide Certification.  Certification in CPR or must obtain within 3 months of hire.  **Skills and Qualifications**:  Ability to provide direct and indirect patient care.  Demonstrate appropriate interpersonal and communication skills, (verbal, non-verbal, and listening skills). |
| **Physical Demands**:   |  |  |  |  | | --- | --- | --- | --- | | Less than 35% of the time | From 35% to 65% of the time | More than 65% of the time | Not Applicable | |  |  | x |  | |  |  | x |  | | x |  |  |  | |  | x |  |  | |  |  | x |  | |  |  | x |  | |  |  | x |  | |  |  | x |  | |  |  | x |  |   **Standing**  **Walking**  **Sitting**  **Bending**  **Reaching with Arms**  **Finger and Hand Dexterity**  **Talking**  **Hearing**  **Lifting/Carrying/Pushing and/or Pulling**   |  |  |  |  | | --- | --- | --- | --- | |  | x |  |  | | x |  |  |  | |  | x |  |  |   Light Work – Lifting 20 lbs. Maximum  Medium Work – Lifting 50 lbs. Maximum  Heavy Work – Lifting 100 lbs. Maximum  **Work Environment:**   * Clean, well lit, and comfortable climate * Potential exposure to contamination with blood or bodily fluids, requiring wearing protective equipment * Highly stressful, dynamic conditions   **Other Special Characteristics**:  1) Ability to communicate well with people in person or over the telephone and with written communication.  2) Ability to assess and react to situations.  3) Must be motivated and work independently.  4) Must be able to perform at a fast pace and/or stressful environment.  5) Ability to listen and maintain confidentiality.  6) May be required to work unusual or additional shift hours.  ***Always present yourself professional with a happy, friendly attitude*** |
| ***I have received, reviewed and fully understand the job description for CNA. I further understand that I am responsible for the satisfactory execution of the essential functions described therein, under any and all conditions as described.***    ***Employee Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***  ***Date Signed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*** |